

## TAKEAWAY FOOD

<b>LIGHT BREAKFAST</b> GFO GREEN PEA, DILL, MINT AVO SMASH WITH HAZELNUT DUKKAH ON MULTIGRAIN WITH TOMATO SALAD	12
<b>TOASTED SANDWICH OR CROISSANT GFO</b> TOASTED SOURDOUGH WITH MELTED SWISS CHEESE	8.5
ADD ONS 1.0 EACH TOMATO HAM SPINACH MUSHROOM	
<b>EGG &amp; BACON BRIOCHE GFO</b> WITH SWISS CHEESE & RELISH	9.5
<b>EGG &amp; BACON TOASTIE GFO</b> SOURDOUGH, SWISS CHEESE & RELISH	9.5
<b>BLT TOASTIE GFO</b> SOURDOUGH, BACON, LETTUCE, TOMATO, AIOLI, SWISS CHEESE ADD AVO +5 / ADD FRIED EGG +2	15
<b>TWICE COOKED CHIPS WITH HOUSE SEASONING</b>	7/12
<b>CHICKEN SANDWICH GFO</b> CHICKEN, RANCH AIOLI, COS LETTUCE, AVO & SWISS CHEESE	15
<b>VEGGIE SANDWICH GFO</b> CARROT, CUCUMBER, SPINACH, GOLDEN BEETROOT RELISH, AVO	15
<b>MIDDLE EASTERN SCRAMBLE</b> GFO / V MARINATED FETA & CHILLI SCRAMBLED EGGS, PRESERVED LEMON GARLIC DILL YOGHURT, CRISPY FINGERLING POTATO, MIXED HERB SALAD, GOLDEN PAPRIKA OIL, HAZELNUT DUKKAH, TURKISH BREAD & HOMEMADE WALNUT BUTTER ADD BACON +6 / ADD MUSHROOMS +6	24
<b>ESSENTIAL BOWL</b> GF / VG BEETROOT STAINED BROWN RICE & QUINOA, CARROT, GOATS CHEESE, ASPARAGUS, SMOKED PICKLED BEETROOT, SWEET POTATO TURMERIC ROOT & POTATO SALAD, HEIRLOOM TOMATOES, PEAS, SPROUTS & SEEDS, MINT HEMP SEED PESTO ADD GRILLED CHICKEN +7 ADD AVO SMASH WITH GREEN PEA, DILL & MINT +6	22

PLEASE ADVISE OUR FRIENDLY STAFF IF YOU HAVE ANY ALLERGIES AND WE WILL DO OUR BEST TO ACCOMMODATE. PLEASE NOTE WE CANNOT GUARANTEE THE NON PRESENCE OF ALL ALLERGENS

**10% SURCHARGE ON WEEKENDS**  
**20% SURCHARGE ON PUBLIC HOLIDAYS**

## **BUILD YOUR OWN BREAKFAST** *GFO*

<b>FREE RANGE POACHED OR FRIED ON SOURDOUGH</b>	12
<b>FREE RANGE SCRAMBLED ON SOURDOUGH</b>	13

### **SIDES**

EXTRA EGG	2
SAFFRON TOMATO HOLLANDAISE	4
BACON	5
BUTTERED SPINACH	5
FIELD MUSHROOMS	6
CHIA SEED & BUCKWHEAT BREADED HALLOUMI	5
ROASTED TOMATO	6
GOLDEN FIVE SPICE POPCORN TOFU	5
AVO FETA PURÉE	6
AVO SMASH WITH GREEN PEA, DILL, MINT & HAZELNUT DUKKAH	6
GRILLED CHICKEN	7
THICK MAPLE GLAZED BACON	8
CHIPS WITH HOUSE SEASONING	5 / 10
SEASONAL SALAD	5 / 10
APEROL & BLOOD ORANGE CURED TUNA	10

<b>THE CLASSIC BURGERS</b> <i>GFO</i>	26
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### **CHOICE OF PREMIUM BEEF PATTY / FRIED CHICKEN / CRUMBED HALLOUMI**

LETTUCE, VINE RIPENED TOMATO, AIOLI, GOLDEN BEETROOT RELISH,  
MELTED SWISS CHEESE, CORNICHON, MILK BUN, SIDE OF CHIPS OR SEASONAL SALAD

#### **ADD ONS :**

JALAPEÑO 1.5 / MUSHROOM 3 / AVO 5 / FRIED EGG 2 / BACON 3 / EXTRA PATTY 10 /  
EXTRA CHEESE 1.5 / TOMATO RELISH 2

<b>STEAK SANDWICH</b> <i>GFO</i>	28
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PREMIUM STEAK COOKED MEDIUM, LETTUCE, VINE RIPENED TOMATO, AIOLI,  
GOLDEN BEETROOT RELISH, MELTED SWISS CHEESE, CORNICHON, TOASTED SOURDOUGH,  
FRIED EGG, SIDE OF CHIPS OR SEASONAL SALAD

<b>LOBSTER ROLL</b> <i>GFO</i>	24
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SOFT BRIOCHE WITH CHEESE, CRAYFISH TAIL, LOCAL BUG MEAT AND PRAWN,  
LOBSTER INFUSED COCKTAIL SAUCE, POTATO, GREEN OAK LETTUCE  
ADD CHIPS +5

<b>KIDS CLASSIC BURGERS</b> <i>GFO</i>	13
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### **CHOICE OF PREMIUM BEEF PATTY / FRIED CHICKEN / CRUMBED HALLOUMI**

LETTUCE, VINE RIPENED TOMATO, AIOLI, MELTED SWISS CHEESE, MINI BRIOCHE BUN,  
SIDE OF CHIPS OR SEASONAL SALAD

<b>KIDS FRIED CHICKEN &amp; CHIPS</b>	10
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<b>WAFFLES FOR EVERYONE !</b>	13
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SERVED WITH JAM, SEASONAL FRUITS & MAPLE SYRUP

### **BEVERAGES**

**HOUSE BLEND** - SOUTHERN - COLOMBIA / COSTA RICA / EL SALVADOR

*BRIGHT, SWEET WELL ROUNDED WITH NOTES OF PEACH, NECTARINE, BERRY & A HONEYCOMB FINISH*

**DARK ROAST** - NORTHERN - COLOMBIA / ETHIOPIA / EL SALVADOR

*BOLD & BALANCED WITH NOTES OF CHOCOLATE, DARK CHERRY, LEMON ACIDITY & A CARAMEL FINISH*

**DECAF** +0.2 - ETHIOPIAN SIDAMO MOUNTAIN WATER DECAF

## **HOUSE ROASTER : 36TH PARALLEL COFFEE ROASTERS**

**SINGLE ORIGIN** - SEE SPECIALS PAGE FOR SEASONAL SINGLE ORIGIN OPTIONS

### **MILK COFFEE**

LATTE / CAPPUCCINO / FLAT WHITE	4.5 / 5
PICOLLO	4.2
MAGIC	4.5

### **BLACK COFFEE**

ESPRESSO	4
DOUBLE ESPRESSO	4.2
LONG BLACK	4.5 / 5
SHORT MACCHIATO	4.2
LONG MACCHIATO	4.5

### **EXTRAS**

EXTRA SHOT	+0.5
BONSOY / ALTERNATIVE DAIRY CO. OAT MILK / MILKLAB ALMOND / MILKLAB LACTOSE FREE	+0.7
VANILLA SYRUP / CARAMEL SYRUP	+0.7

### **FILTER**

SP9 POUR OVER ( ASK US WHATS ON OFFER )	P.O.A
18 HOUR COLD BREW	5
BOTTOMLESS BATCH BREW	5

### **HOT DRINKS**

D&S HOT CHOCOLATE BLEND <i>GF</i>	4.5 / 5
PRANA STICKY CHAI - ORIGINAL BLEND	5.2 / 5.9
DIRTY CHAI - CHAI LATTE WITH A SHOT OF ESPRESSO	5.7 / 6.4
TURMERIC LATTE BY GOLDEN GRIND	4.8 / 5.5
MATCHA LATTE BY MATCHA MAIDEN	5.2 / 5.9

### **SPECIALTY LOOSE LEAF TEA BY LARSEN & THOMPSON**

CHAMOMILE / ENGLISH BREAKFAST / EARL GREY / FOREST BERRY / JASMINE GREEN SENCHA GREEN / LEMONGRASS GINGER / PEPPERMINT	4.5
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## ICED DRINKS

ICED LATTE	5.2
ICED LONG BLACK	5.2
ICED COFFEE	6.5
ICED CHOCOLATE	6.5
ICED CHAI	6.5
ICED MATCHA	6.5

## JUICES

7.5

FRESHLY JUICED APPLE  
SUNZEST ORANGE

ADD ONS 1.0 EACH  
SPINACH / KALE / CUCUMBER / CELERY / BEETROOT

## JUICE BLENDS

9.5

GREEN BOMB - KALE, SPINACH, CUCUMBER, APPLE, ORANGE

GINGER NINJA - GINGER, BEETROOT, CELERY, ORANGE

## SMOOTHIES

10

HONEY TRAP - BANANA, ALMOND MILK, TURMERIC, HONEY

SUNRISE - MANGO, PINEAPPLE, COCONUT, RASPBERRY

BERRY DELICIOUS - BLUEBERRY, BOYSENBERRY, STRAWBERRY, BANANA, HONEY, OATMILK

## MILKSHAKES

5 / 6.5

VANILLA / CHOCOLATE / CARAMEL / STRAWBERRY / COFFEE

## SOFT DRINKS

COKE	4.5
COKE NO SUGAR	4.5
SPRITE	4.5
SAN PELLEGRINO 250ML	4.5
SAN PELLEGRINO 750ML	7
LEMON LIME BITTERS	6

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